

GardenShare

860 Maple Ridge Road - Richville NY - 13681

http://gardenshare.org/food_guide.html

2009 Local Food Guide

GardenShare's annual **Local Food Guide** lists farmers' markets, farm stands, U-pick farms, organic growers, orchards, CSA farms, and grocers in St. Lawrence County, New York, where shoppers can buy locally grown vegetables, fruits, cheese, honey, maple products, meat, and eggs. <u>View a list of this year's **Sponsors**.</u> Email info@gardenshare.org to request a free paper copy.

The farms listed in this guide have assured us that they sell food they have raised themselves or food they have produced themselves using largely local ingredients. Beyond this simple honor system, GardenShare does not certify locally grown food or farming practices. In addition to their own food, these farms may also sell food that is not locally grown or produced. Feel free to ask the farmer, Did you grow this yourself?

Terms

Certified Organic: Certified organic farms have met USDA standards for organic food production, as verified by an accredited agency such as the Northeast Organic Farming Association of New York (NOFA-NY). Other farms may also follow organic practices but have chosen not to undergo the certification process. For example, signers of the NOFA-NY Farmer's Pledge commit themselves to ecologically sound farming and to socially responsible labor and local marketing practices. Ask the farmer about his or her farming practices.

CSA: Some farms offer a Community Supported Agriculture (CSA) option. Consumers can purchase a share of the farm's harvest at the beginning of the growing season and then pick up a box of freshly harvested produce (or meat, honey, maple syrup, eggs) each week throughout the season.

FOOD INDEX (by farm number)

Apples: 20, 29, 33, 36, 38, 46, 47, 49, 65.

Berries, Grapes: 2, 3, 9, 17, 18, 20, 29, 36, 37, 39, 41, 43, 44, 46, 47, 48, 49, 54, 58, 60, 65, 67.

Cheese, Milk, Yogurt: 14, 17, 20, 30, 67.

CSA: 6, 8, 17, 19, 22, 24, 26, 29, 30, 39, 63, 68.

Eggs: 4, 7, 11, 14, 16, 17, 20, 25, 29, 43, 47, 48, 59, 67, 68.

Herbs, Garlic: 1, 6, 7, 16, 17, 20, 22, 23, 25, 29, 39, 41, 46, 47, 49, 53, 60, 64.

Honey: 20, 25, 28, 29, 33, 46, 47, 49, 60, 61.

Maple Products: 9, 10, 25, 27, 31, 34, 35, 46, 48, 49, 52, 66.

Meat, Poultry: 5, 7, 9, 11, 12, 13, 16, 17, 18, 19, 25, 29, 30, 32, 37, 40, 42, 48, 49, 50, 51, 53, 55, 57, 59, 62,

63, 67

Organic (Certified) or Farmer's Pledge: 6, 7, 17, 18, 29, 35, 42, 52, 58, 63, 64.

U-Pick: 9, 11, 36, 41, 43, 46, 47, 68.

Vegetables: 2, 3, 4, 5, 6, 7, 8, 11, 12, 15, 16, 17, 18, 20, 21, 22, 25, 26, 29, 30, 37, 39, 41, 44, 45, 46, 47, 48, 49, 53, 54, 56, 59, 60, 63, 64, 65, 67, 68.

FARMS (listed in alphabetical order)

Annie's Garlic
 Morrill Road, Canton
 Anne Clark 386-3366
 Garlic, loose & braids, starting August 1.

Apple End Farm
 Fletcher Road, Potsdam
 Must call ahead.
 Miles Wolpin 265-9421
 Mixed vegetables, berries.

3. Aqua-Terra Farm

300 Foster Road, North Lawrence Carl Eames 328-4912 Mixed vegetables, berries.

4. Baleno Farm

1680 CR 53, Brasher Falls Jim Baleno 705-8927 Mixed vegetables, eggs.

5. Birchland Farm

3025 SH 11B, Hopkinton Mike & Meribeth Richael 244-9044 Mixed vegetables. Call ahead for lamb.

6. Birdsfoot Farm

1263 CR 25, Canton Dulli Tengeler 386-4852 CSA: mixed vegetables, herbs. NOFA-NY certified organic.

7. Bittersweet Farm

1249 SH 184, Heuvelton Please call ahead. Ann & Brian Bennett 344-0443 Mixed vegetables, herbs, lamb, turkey, chicken, eggs, pork. NOFA-NY certified organic.

8. Blackcap Farm

Miner Street Road, Canton Please call ahead. Flip Filippi 386-3513 Root vegetables in bulk. Plus CSA.

9. Blue Heron Farm

68 Streeter Road, DeKalb Junction Must call ahead. Bryan Thompson 347-2178 Maple syrup, lamb, U-pick blueberries.

10. Brandy-View Farms

24 Walker Road, Madrid Must call ahead. James & Grace Hargrave 322-4429 Maple products.

11. Burns Farm

271 Jeffers Road, DeKalb Junction
Please call ahead.
Tom & Barbara Burns 347-5690
Mixed vegetables, lamb, turkey, chicken, eggs, Upick sunflowers.

12. C. L. Cook Farms

251 McIlwee Road, Heuvelton Clif Cook 344-7421 Mixed vegetables, beef, lamb, pork.

13. Cookland Farm

9 Regan Road, Potsdam Must call ahead. Walter & Adam Cook, 265-3898 Beef.

14. County Meadows

6384 CR 27, Canton Don & Shirley Hitchman 386-8912 Goat cheese, eggs.

15. Dendler's Farm

229 SH 11C, Winthrop Joel & Sue Dendler 389-5684 Mixed vegetables.

16. Dilly Dally Acres

133 Old Northerner Road, DeKalb Junction Charles & Carol Dill 287-0066 Mixed vegetables, herbs, winter eggs, meat processing.

17. Donahue Family Farm

277 Stevens Road, Gouverneur Doug & Heather Donahue 287-2296 Mixed vegetables, herbs, berries, raw milk, beef, eggs, pork. Plus CSA. NOFA-NY certified organic.

18. Drumlin's End Farms

178 Fayette Road, Massena Must call ahead. Sue Rau & Andy Soutar 769-5061 Mixed vegetables, berries, Scotch Highland cattle. NOFA-NY certified organic.

19. 8 O'Clock Ranch

293 Old Canton Road, DeKalb Junction John & Kassandra Barton 347-4352 www.8oclockranch.com CSA: beef, lamb, pork.

20. 1844 House Fresh Market

6885 US 11, Potsdam Brian & Jenny Walker 268-1844 www.1844house.com

From local farms: mixed vegetables, herbs, berries, apples, honey, cheese, eggs.

21. Fantone's North Winds Farm

248 Douglas Road, Norwood Must call ahead. Claudia & Paul Fantone 353-2218 Mixed vegetables.

22. Farmer Bill and Annie's

1005 CR 25, Canton Bill & Valerie Pulver 379-1493 www.farmerbillandannie.com Mixed vegetables, herbs. Plus CSA.

23. The Flowered Earth

1005 CR 25, Canton Valarie Hallett, valariehallett@yahoo.com Herbs, flowers.

24. Food for Thought Community Farm

1180 CR 25, Canton Bob Washo & Valerie White 379-0434 www.foodforthoughtfarm.blogspot.com CSA now filled for 2009.

25. Fresh Produce Market

1687 SH 11B, Potsdam Andrew & Lovina Yoder (no phone) Mixed vegetables, herbs, honey, maple products, chicken, eggs.

26. Fuller's Farm

242 Pink School Road, Canton Tim & Kathy Fuller 379-1412 www.fullersveggies.com CSA: mixed vegetables.

27. Giffin Road Maple

6166 US 11, Canton Ian & Rebecca MacKellar 386-2952 Maple products.

28. Harmony Farm

273 Randall Road, Waddington Greg & Debs Kalicin 322-4208 www.harmonyfarm.net Honey.

29. Hawkshaw Farm

4147 CR 14, Madrid Paige & William Roome 322-5490 Mixed vegetables, herbs, berries, apples, honey, beef, chicken, eggs, pork. Plus CSA. NOFA-NY certified organic.

30. Heritage Homestead

4052 CR 10, DePeyster Brian & Debby Hicks 344-7457 Mixed vegetables, pork, goat milk & cheese. Plus CSA.

31. Hilltop Treats

760 SH 68, Canton Jean & Ken Tupper 386-2162 Maple products.

32. Betsy Hodge

284 Finnegan Road, Canton Must call ahead. Betsy Hodge 379-0607 Lamb.

33. Honey Bee Farm

11420 US 11, Lawrenceville Gerald Piche 389-4072 Apples, honey.

34. Hugh's Sugar Shack

5373 SH 56, Potsdam Hugh Newton 265-7397 Maple products.

35. Hurlbut's Maple Products

3003 CR 21, Canton Must call ahead. Andy & Elisha Hurlbut 854-5381 www.hurlbutsmaple.com Maple products. NOFA-NY certified organic.

36. J & W Orchards

737 CR 38, Norfolk Walt Shyne 384-4464 Berries, apples. U-pick and bagged.

37. Jonesey's Riverside Ranch

9266 SH 37, Ogdensburg Russell & Jeanette Jones 393-0401 www.joneseysriversideranch.com Mixed vegetables, berries, beef, bison, elk. Plus hunting preserve.

38. Kaneb Orchard

182 Highland Road, Massena Elizabeth Kaneb 769-2311 Apples.

39. Kent Family Growers

1200 SH 184, Heuvelton Dan & Megan Kent 344-6571 CSA: mixed vegetables, herbs, berries.

40. Kilcoyne Farms

116 Barnage Road, Brasher Falls Must call ahead. Patrick Kilcoyne 389-5640 www.kilcoynefarms.com Beef.

41. Kingston's Roadside Stand

2969 CR 14, Madrid Don & Linda Kingston 322-0524 Mixed vegetables, herbs, berries. Plus U-pick.

42. Laing Family Farm

772 CR 35, Potsdam
Must call ahead.
Scott & Traci Laing 265-3179
Beef.
NOFA-NY certified organic.

43. Susan Latimer

378 Elliot Road, Madrid Please call ahead. Susan Latimer 322-0507 Eggs, U-pick berries.

44. Lazy River Farm

341 Lazy River Road, Hermon Mike & Catherine Watkins 347-4960 Mixed vegetables, berries.

45. Marlow & Sons Truck Farm

2035 Linden Street, Ogdensburg Doug Marlow 393-2477 Mixed vegetables.

46. Martin's Roadside Market

1261 SH 11B, Potsdam
Daniel & Mendy Martin 265-1246
Mixed vegetables, herbs, berries, apples, honey, maple products, asparagus. Plus U-pick.

47. Meadow View Farm

299 Gravel Road, Gouverneur Must call ahead. Lauren & Ray French 287-3342 Mixed vegetables, herbs, berries, apples, honey, eggs. Plus U-pick.

48. Noble Farm

1789 SH 68, Canton
Must call ahead.
Garry & Wendy Noble 262-0824
Mixed vegetables, berries, maple products, beef, lamb, turkey, chicken, eggs, pork.

49. North Country Grown Cooperative

178 Fayette Road, Massena
Must call ahead.
Sue Rau 769-5061
www.northcountrygrown.com
Mixed vegetables, herbs, berries, apples, honey, maple products, bison.

50. Northern Limits Farm

6900 CR 27, Canton Must call ahead. Joe Eisele 317-2414 www.northernlimitsfarm.com Beef.

51. Oakwood II

1572 CR 15, Heuvelton Must call ahead. Gary & Cheryl Crowe 344-2207 Beef, rabbit.

52. Orebed Sugar Shack

503 Orebed Road, DeKalb Junction Must call ahead. Jeff & Lori Jenness 347-3415 www.orebedsugarshack.com Maple products. NOFA-NY certified organic.

53. Pike's Patchwork Farm

2969 CR 49, Norwood Must call ahead. Connie & Andi Pike 384-4135 Mixed vegetables, herbs, lamb.

54. Powers Farm

217 Pyrites-Russell Road, Hermon Jerry & Arlie Powers 347-2145 Mixed vegetables, berries.

55. Racquette River Bison

540 South Canton Road, Potsdam Must call ahead. Dale & Mary Ellen Healey 265-6940 Bison.

56. Ridge Farms

547 Tiernan Ridge Road, Chase Mills Heidi & Pete LaShomb 384-4886 Mixed vegetables.

57. River Bend Ranch

4653 CR 27, Canton Must call ahead. Monty & Terry Latimer 386-5984 Beef.

58. St. Lawrence Nurseries

325 SH 345, Potsdam
Bill & Diana MacKentley 265-6739
www.sln.potsdam.ny.us
Berries, fruit & nut trees.
NOFA-NY's Farmer's Pledge.

59. Sawyer Creek Farm

80 California Road, Gouverneur Must call ahead. Sheila Warden 287-0437 Mixed vegetables, lamb, eggs.

60. Spirit Farm

28 Trout Lake Street, Edwards Frank Wagner, Jr. 562-2056 Mixed vegetables, herbs, berries, honey.

61. Squeak Creek Apiaries

437 Hurley Road, Brasher Falls Must call ahead. Mark & Barbara Berninghausen 769-2566 Honey.

62. Stony Knoll Bison

119 CR 55, North Lawrence Must call ahead. Richard Downs 328-4306 Bison.

63. Sugar Hill Farm

116 Rice Road, DeKalb Junction Renee & Roy Smith 347-1039 Mixed vegetables, beef. Plus CSA. NOFA-NY's Farmer's Pledge.

64. Sweet Core Farm

266 Hewlett Road, Russell Must call ahead. Kathy & David Rice 347-3073 Mixed vegetables, herbs. NOFA-NY certified organic.

65. Valley Greenery

1372 SH 72, Parishville Alfred Mason 265-3437 Mixed vegetables, berries, apples.

66. Vebber's Maple Products

765 Glenmeal Road, Canton Must call ahead. James & Shelley Vebber 386-1067 Maple products.

67. Windy Ridge Dairy

2051 CR 35, West Potsdam
Must call ahead.
Raymond & Stephanie Hill 265-1618
Mixed vegetables, berries, cheese, beef, eggs, yogurt, pork. Call ahead for raw milk.

68. Yoder Family Farm

1716 SH 11B, Potsdam Moses Yoder, no phone Mixed Vegetables, eggs. Plus U-pick & CSA.

Restaurants & Stores

Locally owned businesses that showcase local food.

Blackbird Café

107 Main Street, Canton Ken & Katrina Hebb 386-8104 www.theblackbirdcafe.com

Dexter's Café

PACES Dining Services SUNY Potsdam campus Steve Maiocco 267-2661 Monday–Friday (11:00 a.m.–2:00 p.m.)

1844 House: An American Bistro

6885 US 11, Potsdam
Brian & Jenny Walker 268-1844

www.1844house.com
Plus seasonal "Fresh Market" featuring produce
from local farms.

Heuvelton Deli

4787 SH 812, Heuvelton Jim & Penny McKeever 344-7039 Monday–Friday (3:00 a.m.–9:00 p.m.); Saturday (5:00 a.m.–9:00 p.m.)

Leaner Wieners & Hoggin Dogs Hot Dog Cart

Downtown Main Street, Canton Barb Heller Rogers 379-9404 Monday, Tuesday, Wednesday, Friday (10:00 a.m.–2:00 p.m.)

Nature's Storehouse

21 Main Street, Canton Rainbow & Joshua Crabtree 386-3740 Monday–Friday (9:00 a.m.–6:00 p.m.); Saturday (10:00 a.m.–5:00 p.m.); Sunday (noon–4:00 p.m.)

Potsdam Food Co-op

24 Elm Street, Potsdam
Bob Josephson 265-4630
www.potsdamcoop.com
Member owned but open to the public.