



A 5 part program that provides an opportunity for constituents to come together to explore life issues that are relevant across the age span.



For the 2014-2015 Roundtable Program we will be discussing all aspects of caregiving; including, aging-in-place vs. nursing home care, long term care, legal and financial preparation, long distance caregiving, and end of life issues. *See calendar on back* →

# “How to Recognize That Your Loved One Needs Assistance”

*This is the first of a five-part discussion for caregivers and the people in their lives.*

Thursday, November 20th, 2014  
8:30 a.m. - 10:30 a.m.  
Lenox Hill Neighborhood House  
331 East 70th Street (bet 1st & 2nd)

**Jane Gross**

**Author of *A Bittersweet Season:  
Caring for Our Aging Parents..and Ourselves***

**Nancy Giunta, M.S.W., Ph.D.**  
**Assistant Professor, Silberman School of Social Work**  
***Ageing and Community; Long Term Care Policy***

**PLEASE RSVP—Space is limited.**

*A light breakfast will be served.*

To RSVP or for further information, please contact  
Alice Fisher at [alicefisher37@gmail.com](mailto:alicefisher37@gmail.com),  
or by phone at 212-490-9535

**All sessions are held at Lenox Hill Neighborhood House  
8:30a.m.-10:00a.m**

***Session I, Thursday, November 20, 2014***

*Special Guest Speaker Jane Gross and  
Planning Ahead: How to Determine if Your Loved One Needs Help*

***Session II, Thursday, December 18, 2014***

*Financial and Legal Preparation for Long Term Care  
for Yourself or Your Loved One*

***Session III, Thursday, February 19, 2015***

*Aging in Place: Is it Right for Everyone?*

***Session IV, Thursday, March 19, 2015***

*Local and Long Distance Caregiving*

***Session V, Thursday, April 16, 2015***

*End of Life Decisions*

*Note that there is no session in January.*