I am in Onondaga County and have had extreme difficulty finding a doctor to treat me for my WC injury.

I have received many lists from the WCB, but all of them tell me they are not accepting new patients or I don't meet their criteria. For example, NY Spine and Wellness takes WC insurance. However, they primarily treat pain. Since I am stable on medications for pain, and I am not interested in interventions (been there, done that), I don't meet criteria.

NP's:

Tom Ringwood - past provider who no longer takes WC David Porter - not taking new patients Others: Wampsville 60 mile round trip Clinton 100 miles round trip Cooperstown a bit less than 200 miles round trip Delhi more than 200 miles round trip Cortland 70 miles round trip (no return call from this provider x2)

MD's (pain and/or psych) Brooklyn 500 miles round trip Massena 320 round trip Great Neck >500 miles round trip Tappan NY 320 round trip

Geriatric Psych: Brooklyn or similar distance.

Psychiatry/Pain/Neurology: 150 miles or more round trip.

My last resort, as recommended by my lawyer's office was the Occupational Health Clinical Center in Syracuse. They are not accepting me. I am waiting for a reason why.

My primary MD is willing to prescribe my medications if I pay directly. She does not take WC. I am quite willing to submit for reimbursement however my lawyer's office advises me that the WCB will not reimburse unless the medications are ordered through the portal. The onerous nature of negotiating the portal is why my most recent provider stopped accepting WC.

I am between a rock and hard place here. I am not able or willing to travel hundreds of miles for care. My final option is to request that the WCB reimburse me for medications ordered by my PCP, which I have been told is not allowed.

Suzanne Roupas